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### **Comprehensive Diagnostic Assessment (Minor)**

Name:	DOB
Email:	Phone:
Clinician:	Date of Assessment:
Person providing this information: Relationship to Child:	
Primary Care Physician:Psychiatrist:	
Do you give permission for ongoing rephysician and/or psychiatrist?	egular updates to be provided to your primary care Yes No
presenting mental health concerns?	eeking consultation and/or treatment or what are the
What are your treatment goals for you	ır child?
( ) Depressed Mood ( ) Increased Irritability	once for any symptoms present, twice for major symptoms)  ( ) Fatigue ( ) Excessive Energy  ( ) Oppositional Behavior ( ) Self-Esteem Issues ( ) Racing Thoughts ( ) Crying Spells

<ul> <li>( ) Loss of Interest</li> <li>( ) Attention/Concentration</li> <li>( ) Eating Disturbances</li> <li>( ) Excessive Guilt/Shame</li> <li>( ) Suicidal Thoughts</li> <li>( ) Dissociation</li> <li>( ) Chronic Pain</li> <li>( ) Aggressive Behavior</li> <li>( ) Other</li> </ul>	<ul> <li>( ) Impulsivity</li> <li>( ) Excessive Worry</li> <li>( ) Increase Risky Behavior</li> <li>( ) Anxiety Attacks</li> <li>( ) Distracted Easily</li> <li>( ) Avoidance</li> <li>( ) Recent Changes</li> <li>( ) Hallucinations</li> <li>( ) Obsessive/Compulsive</li> <li>( ) Suspiciousness</li> <li>( ) Temper/Anger Issues</li> <li>( ) Self-Harm</li> <li>( ) Flashbacks</li> <li>( ) Hygiene Concerns</li> <li>( ) Attachment Difficulties</li> <li>( ) Regressive Behavior</li> </ul>
Current Family Situation	
Place of birth/city/state:Ethnicity:	Language:
	YesNo Age at adoption
Circumstances of Adoption	
	: Married Separated Unmarried Id at time of divorce?
Current Relationship Status of M	Mother:
Current Relationship Status of F	ather:
Who does child currently reside	with?
Is there a custody order in place	?
Are there any current custody co	oncerns/ conflicts?
Father	
Please describe child's relations	hip with his/her father:
Mother	
Deceased, year	

What is her level of Occupation?	education?		
Please describe child	d's relationship with his/her	mother:	
Please check all thatGood, satisfiedBoredAbusive (physi	Supportive Poor communication	_Warm relation On the verge of	nship Stable
Has the child ever w	vitnessed abuse within the m	arriage?	
Step-brothers	Full brothersHalf-s	death	Half-brothers Step-sisters
	Relationship to child		Living in House?
Please list all other Name	non-family members who live Relationship to child/family	Age	Length of time living in household

Are there any other adults who have a significant role in raising your child No Yes (please indicate name and relationship)	?
Have there been any significant changes in the home over the last few year marriages, births, deaths, money problems, address changes, change religion	1 /
Has your child ever witnessed an immediate family member become incard Explain- who, when, length of time, offense)  No Yes	
Are there are any concerns of physical abuse?  No Yes (current) Yes (in the past)  If yes clarify when and by whom:	Unknown
Are there are any concerns of emotional abuse?  No Yes (current) Yes (in the past)  If yes clarify when and by whom:	Unknown
Are there are any concerns of sexual abuse/ molestation/ and/ or sexual ass  No Yes (current) Yes (in the past)  If yes clarify when and by whom:	sault? _Unknown
Are there are any concerns of neglect or the child's needs not being met?  No Yes (current) Yes (in the past)  If yes clarify when and by whom:	_Unknown
Please explain your family's cultural and/or spiritual or religious background	und/ current practice:
How is your child disciplined in the home?	

Comprehensive Diagnostic Assessment
How does the family express and manage emotions in the home?
What resources and supports do you and your family have?
What strengths does your child demonstrate in the family setting?
What are your child's hobbies, talents, or activities he/she most enjoys?
Family Psychiatric History Please include any mental health and/or substance use problems with biological relatives. Consider diagnoses such as depression, anxiety, bipolar disorder, schizophrenia, ADHD, alcohol and/or drug abuse, incarceration, or any suicides.  Mother:
Mother's relatives:
Father:
Father's relatives:
Siblings:
Basic Living Skills History and Functioning Please indicate your child's habits with the following basic living skills practices:
Daily A few times per week Once per week or less
Bathing
Brushing teeth
Dress in clean/appropriate clothes
Go to bed/wake up at regular times
Preparing balanced meals

Housekeeping activities			
Laundry			
Does your family regularly perform the	following safety pr	ractices?	
Lock door/secure homeYesNe	0		
Turn off the oven/running water, etc.			
Is your family receiving personal care s		Vheels, or any other basi	c living skills
provided?NoYes			
Does your child have reliable transporta Yes No (please explain)			ortation, etc?
(picase explain)			
What supports and resources do you ha activities etc)?		y (churches, clubs, extra	
	overall health?		
Date of Last Physical or Wellness Exar			
Mother's age at child's birth: Yes No	Did mother rec	eive routine pregnancy c	are?
Please specify any medications used du	aring mother's preg	nancy:	
Pregnancy lasted weeks/ Child's birth weight pounds	months ounces		
Please check the conditions below that <b>Mother's Pregnancy</b>			
No complications Blackour Excessive Bleeding Hyp Stress Depression Toxemia Alcohol/ Drug	tsFalls	Physical Injury	
Excessive Bleeding Hyp	pertension	Diabetes	_ Emotional
Stress Depression	Anxiety	Abuse	
Toxemia Alcohol/ Drug	UseTobac	co Use	

Delivery				
Normal	Induced Labor	Force	ps/ Vacuum D	elivery
C-Section	Breech Birt	h	Unusu	ally long labor
	Premature (# of weeks) _		Overdue (#	of weeks)
Other				
Child's Co	ondition at Birth			
Normal/ N	o complications	Lack of O	xygen	Breathing Problems
	Heart problems	Birth inj	ury/ defect	Jaundice
	Newborn ICU (Length	of stay)		
Parent's P	ostpartum Period			
	r experience postpartum d	epression after	the birth?	
Did mothe	Yesr experience postpartum a	nxiety after the	birth?	
No	Yes			
Did father	experience postpartum de	pression after the		
No	Yesexperience postpartum an			
No	Yes			
	any increased marital tens	ion after the bi	run?	
No	Yes			
Thyroid pr High Chol	le any health conditions the coblem High blood presterol Asthma ase describe):	essure Hea	daches He	art problems Sleep problems
	shild had any of the follow Yes/No s or Infectious Diseases	ving? What		When
comagnou				
Disabilitie	s or Handicaps			
Allergies/I	Food Allergies			
Has your o	child had any of the follow Yes / I		What	When
Surgeries				

Major illnesses		
Iospitalizations		
oss of consciousness		
Medications- Please list alNo medications	l current prescribed or ov	ver the counter drugs / medications
Medication	Dosage	Doctor
/ledication	Dosage	
Medication	Dosage	Doctor
Medication	Dosage	Doctor
/ledication	Dosage	Doctor
*Please list additional m	edications on back of this	page
Can your child self-admini	ster medications?Yes	sNo
Medication Compliance:		
Regularly taken as pre	scribed	
Occasionally miss a d		
Miss doses regularly		
Refuse/forgot to take	neds most days	
Jos vous child been trented	Lin the neet with neveniatric	c medications such as antidepressants,
nood stabilizers, tranquiliz	ers, sleeping aids, stimulant	its, or others?YesNo
Have any of your family mexplain:	embers had significant illne	ess or medical treatment? If so, please
Substance Use/Abuse Do you have any concerns are they using?	of substance use for your cl	hild? If yes, what substance and how often
Nicotine Use/Abuse		
		priate sexual behaviors? Sexually acting xplain:

#### **Behavioral Health Treatment History**

	Service Provider	When / How often?	Was it helpful? Please explain
Counseling			
In-Patient Psych Center			
Case Management			
Medication Management			
CBRS / PSR			
Addictions Treatment			
Developmental Services			
Occupational Therapy			
Speech Therapy	T. T		
Physical Therapy			
Personal Care Services			
Home Health Provider			
Other			

Is there any history of the previous services received by immediate biological	family	members?
If yes, please explain.		

<u>Developmental History</u>
For the following developmental milestones please indicate the most appropriate response:

Milestone	Normal Age Range	Delayed but Caught	Ongoing/Current
		Up	Concern
Sitting Up			
Crawling			
Walking			

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Speaking first			
words			
Speaking sentences			
Fully Potty trained			
Stayed dry all night			
During your child's firs Difficult to comfort Diminished sleep poor eye contact fascination with certain Prior to age 6 did your of Sitting still at mealtime throwing/catching a bal pencil actv, movies etc dressing sel	child have more difficult paying a buttonin	Excessive Difficulty nursi spond to their name constantly hea  ty than other childre ttention when read t g or zipping king thing over lay	Irritable  In his/her age, (mark if yes):  In his/her age, (mark if yes):  In holding crayon or  In holding crayon or or  In holding crayon or or  In holding crayon or
If yes, please describe:			
How often are the follogetting ready for school	wing a problem for your		Frequently
	D 1		Frequently
Playing by him/herself:	Rarely		
Playing by him/herself:	Rarely _ ycare: Rarely	Sometimes	Frequently
Playing by him/herself: With a babysitter/ at day	ycare: Rarely _ Rarely	Sometimes Sometimes	Frequently Frequently
Playing by him/herself: With a babysitter/ at day In the car:	ycare: Rarely _ Rarely _ Rarely	Sometimes Sometimes	Frequently Frequently
Playing by him/herself: With a babysitter/ at da In the car: At school:	ycare: Rarely _ Rarely _ Rarely _	Sometimes Sometimes	Frequently Frequently Frequently Frequently
Playing by him/herself: With a babysitter/ at da In the car: At school: Playing by him/herself:	ycare: Rarely _ Rarely _ Rarely _	Sometimes Sometimes Sometimes Sometimes	Frequently Frequently
Playing by him/herself: With a babysitter/ at da In the car: At school: Playing by him/herself: How would you describ	ycare: Rarely _ Rarely _ Rarely _ Rarely _ Rarely _ e your child's personali	Sometimes Sometimes Sometimes Sometimes Sometimes	Frequently Frequently
Playing by him/herself: With a babysitter/ at da In the car: At school: Playing by him/herself: How would you describ How would you describ Are you interested in di	ycare: Rarely _ Rarely _ Rarely _ Rarely _ Rarely _ Personaling personaling idea:	Sometimes Sometimes Sometimes Sometimes Sometimes Ity at home? Ity at school?	Frequently Frequently Frequently

Please describe the following about your child in social settings: Your child's temperament in social situations? (Shy. Outgoing, leader, follower)
How would you describe their behavior and comfort level when in social settings?
What are their talents and/or social strengths?
Do you have any concerns about your child's peer relationships, choice of friends and/or social functioning? If yes, please described:
Does your child have appropriate social skills for their age/functioning? If no, please describe:
Has your child ever complained of being bullied or been accused of bullying? If yes, please describe:
Has your child identified a sexual orientation:
Gender identity:Expressed any confusion/concern over either?
Expressed any confusion/concern over either?
Do you have any concerns that your child is experiencing any difficulties with age, gender, sexual orientation, culture, race, or religion?  No Yes
Legal History and Functioning  Does your child have any current or past involvement with the legal system including diversion court, probation, arrest, illegal activity, or incarceration? NoYes Please explain

Vocational/Educational History and Functioning
Grade in School: School: School:
Teacher Child's Favorite Subject:
Please describe how your child did/does in elementary school: Academically
Behaviorally
Socially
Please describe how your child did/does in junior high/high school:  Academically
BehaviorallySocially
Does your child receive any specialized classroom setting or receive special education? No
Do they currently or in the past had an Individual Education Plan (IEP) or a 504plan:
Has there ever been any concern expressed by physicians, teachers or other professionals related to your child meeting developmental milestones?
Have there been any behavioral issues or concerns at school/daycare, if yes, please describe:
Does your child currently have educational goals?NoYes
Has your child had any vocational training?NoYes
Employment Is your child currently employed? If yes please describe where and how long- NoYes
Does your child currently have employment goals?NoYes
Financial History and Functioning  Are finances adequate to meet the family's needsYesNo - please explain:
Sources of Income:
Is there any parental stress of concern, if yes, please indicate:

Housing History Current Living arrangement: Own homeRentingLiving with friends/familyOtherSupported housing-explain
Does the current housing situation meet your child's needs in the following areas?
Health and safetyYesNo-please explain
Access to services Yes No-please explain
Is there any history of homelessness/evictions?NoYes-please
explainNoYes-please explainNoYes-please
Signatures Responsible party completing this form:
Signature:
Signature: Date:

\* medicaid only

#### ALERT®

#### Wellness Assessment - Youth

Completing this brief questionnaire will help us provide services that meet your child's needs. Answer each question as best you can and then review your responses with your child's clinician. Shade circles like this

Child's Last Name First Name		Child's Date of Birt	th: (mm/dd/yy)
		/	
Subscriber ID Authorizati	on #		/
Clinician Last Name First Name			
Clinician Last Name First Name		Today's Date: (mm/	/dd/yy)
, , , , , , , , , , , , , , , , , , , ,			
Clinician ID/Tax ID Clinician Phone		State	100.00
	-		$MRef \bigcirc$
Visit #: $\bigcirc$ 1 or 2 $\bigcirc$ 3 to 5 $\bigcirc$ Other			
A A			Other Other
For questions 1-21, please think about your ex	xperience in the	past week.	
Fill in the circle that best describes your child:	Never	Sometimes	Often
1. Destroyed property	$\circ$	$\circ$	0
2. Was unhappy or sad	0	0	0
3. Behavior caused school problems	$\circ$	0	$\circ$
4. Had temper outbursts	0	0	$\circ$
5. Worrying prevented him/her from doing things	0	0	0
6. Felt worthless or inferior	0	0	0
7. Had trouble sleeping	0	0	0
8. Changed moods quickly	0	0	0
9. Used alcohol	0	0	0
10. Was restless, trouble staying seated	$\circ$	0	$\circ$
11. Engaged in repetitious behavior	0	0	0
12. Used drugs	0	0	0
13. Worried about most everything	0	0	0
14. Needed constant attention		0	0
How much have your child's problems caused:	Not at All	A Little Some	ewhat A Lot
15. Interruption of personal time?	0	0 0	) (
16. Disruption of family routines?	0	0 0	) 0
17. Any family member to suffer mental or physical problems?	0	0 0	
18. Less attention paid to any family member?	$\circ$	0 0	
19. Disruption or upset of relationships within the family?	0	0 0	) (
20. Disruption or upset of your family's social activities?	0	0 0	
21. How many days in the past week was your child's usual rout	tine interrupted	by their problems?	Days
	lent O Very C	Good O Good	O Fair O Poor
23. In the past 6 months, how many times did your child visit a			2-3 \(\cap 4-5 \) \(\cap 6+
24. In past month, how many days were you unable to work bed		ild's problems? [y if employed]	Days
25. In the past month, how many days were you able to work be how much you got done because of your child's problems?		ek on y if employed)	Days
non much you got done occurse of your china o problems.	Comment of the	, g comproyed,	59243

Clinician: Please fax to (800) 985-6894

Rev. 2007



# Client Information & FAQs About ICANS

#### What is ICANS?

ICANS is an electronic, internet-based system used to administer and manage the Children and Adolescent Needs and Strengths (CANS) Assessments in Idaho.

### Why do I want my child's information available in ICANS?

The Child and Adolescent Needs and Strengths (CANS) is a tool for measuring your child and family's needs and strengths. The CANS is used in Idaho to help determine a child or youth's level of functional impairment and guide treatment planning decisions. In Idaho, the ICANS system uses the information from the CANS Assessment to help clinicians and other providers of children mental health services recommend the appropriate level of care.

To participate in or receive certain state-funded programs, such as the Youth Empowerment Services (YES Program), a child/youth will need to complete a CANS Assessment.

ICANS is the Idaho approved platform to administer and score the CANS. By not allowing your child's information to be available in the ICANS system your child may not be able to access certain state-funded services or programs.

Permitting your child's information to be entered into the ICANS system allows it to be available to authorized providers and staff to make more informed, collaborative decisions regarding your child's mental health services and care

### Why do I need to complete and sign the informed consent?

By completing and signing the informed consent release form, you allow the agency listed to enter your child's information into the ICANS system.

Without the completed and signed informed consent release form, your provider cannot enter your child's information into the ICANS system.

# Who may input my child's information into the ICANS system?

The agency that you have named at the top of the informed consent release form has permission to add your child's information to ICANS.

### Who will have access to your child's information in ICANS?

Authorized users may have access to your child's information in ICANS.



An authorized user is an individual designated by a provider agency or Idaho Department of Health and Welfare Division of Behavioral Health needing to access ICANS for their job.

Examples of potential authorized users may include, but are not limited to:

- Division of Behavioral Health Children's Mental Health staff.
- Division of Family and Community Services (FACS) staff, including Developmental Disabilities and Child Welfare if your child is involved in their programs.
- Medicaid and/or Optum staff who are responsible for the coordination, payment, and quality management of behavioral health services in Idaho.
- Independent Assessment providers, who are contracted by Medicaid, who will assess children for eligibility for some state-funded children's mental health services.

All ICANS users must also abide by the ICANS policies and procedures which include Health Insurance Portability and Accountability Act of 1996 ("HIPAA") privacy and security standards. Use of the ICANS system for any other reason is strictly prohibited.

### What information may be viewable by ICANS authorized users?

Limited information entered into the ICANS system is viewable to all authorized users.

Only the following information in the ICANS system <u>may be shared</u> with all authorized users:

- Last Name
- First Name
- Birth Date
- Social Security Number\*
- Gender
- Race
- Ethnicity
- Address
- Identifiers (other numbers such as Medicaid ID number)

\*The Social Security Number (SSN) is collected for the purpose of identification of the participants, prevention of duplication of benefits and information. The SSN is a fundamental component for case management and care coordination activities.

The Department of Health and Welfare is authorized to collect and use social security numbers (SSN) to determine Medicaid eligibility, verify information, and prevent duplicative participation. Providing your SSN may minimize administrative delays associated with the requested service. The Department will not disclose an individual's SSN without the consent of the individual to anyone outside of the Department except as mandated by law. 31 CFR 1.32; 42 CFR §435.910.

The following information in the ICANS system is <u>not shared</u> with authorized users without a specific signed Release of Information:

- Diagnosis(s)
- Any information related to Substance Use.
- Ratings on any of the CANS items.
- Comments entered into ICANS related to the CANS scoring.
- Recommended Level-of-Care outcomes

## How do I share my child's information between my child's treatment providers?

A specific completed and signed Release of Information must be completed <u>in addition</u> to the ICANS informed consent release form so that your child's provider can access records completed by another provider agency.

# What information may be viewable by my child's treatment provider?

Your child's treatment provider can access any ICANS records for your child that have been entered by that specific provider and/or agency.

Please Note: A specific signed Release of Information must be completed *in addition* to the ICANS informed consent release form so that your child's provider can access records completed by another provider agency. The following information is available to your child's provider:

- Last Name
- First Name
- Birth Date
- Social Security Number\*
- Gender
- Race
- Ethnicity
- Address
- Identifiers (other numbers such as Medicaid ID number)
- Diagnosis(s)
- Any information related to Substance Use.
- Ratings on any of the CANS items.
- Comments entered into ICANS related to the CANS scoring.
- Recommended Level-of-Care outcomes

### Can I revoke the ICANS informed consent release form?

You may revoke the ICANS informed consent release form at any time. This will prevent any future use of ICANS but does not change any action that has already taken place using the informed consent release form.

After the informed consent release form has been revoked, the informed consent release form is no longer valid from that date forward. Copies or exact reproduction of the completed and signed informed consent release form will have the same force and effect as the original.

#### How is my child's privacy protected?

Information shared through ICANS is protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"); federal regulations governing confidentiality of alcohol and drug abuse patient records, 42 C.F.R. Part 2; 45 C.F.R. Parts 160 & 164; and the Medicaid Act, 42 C.F.R. Part 431, Subpart F.

The ICANS system and participating providers use a combination of safeguards to protect your child's health information.

- Technical safeguards include encryption, password protections, and audit logs that track every participant's use of the system.
- Administrative safeguards include written policies that require limited access to information through ICANS. All participating providers must agree to follow these policies.
- The ICANS Security Safeguards can be found online at: <a href="http://icans.dhw.idaho.gov/ResourcesandUserGuide/tabid/4105/Default.aspx">http://icans.dhw.idaho.gov/ResourcesandUserGuide/tabid/4105/Default.aspx</a>

All participating providers are also regulated by HIPAA, and other federal and state privacy laws. Providers must also have their own policies and other safeguards in place, including policies to train their staff and limit access to those who have a need to know.

# Have questions not covered by this flyer or have concerns?

Please speak with your local Idaho Department of Health and Welfare Children's Mental Health office.

healthandwelfare.idaho.gov





### **ICANS Informed Consent**

I, (parent's name), am the	e parent or legal guardian of
(minor client's name).	
I have received a brochure explaining how ICANS is a secure electronic hea administer the ICANS assessment, and make the results available to provide ICANS system.	alth system used to ers who participate in the
I authorize the following Agency	

WHO MAY DISCLOSE INFORMATION. The agency I have named at the top of this form may disclose protected health information to ICANS.

WHAT MAY BE DISCLOSED. By signing this consent, I specifically understand that protected health information or records will be released, used, disclosed, received, mutually exchanged or communicated to, by, among, or between any person, entity, or agency named in this authorization. I understand this information may include material protected under federal regulations governing confidentiality of alcohol and drug abuse patient records, 42 C.F.R. Part 2; the Health Insurance Portability and Accountability Act of 1996 (HIPAA), 45 CFR Parts 160 & 164; and the Medicaid Act, 42 CFR Part 431, Subpart F. Federal rules restrict any use of the information to criminally investigate or prosecute and to redisclose records relating to any alcohol or drug abuse patient.

#### PURPOSES.

I understand this authorization will allow my treatment team to plan and coordinate services I need and allows any person, entity, or agency named in this authorization to be actively involved in my case coordination, evaluation, treatment, planning, or legal proceedings. I hereby request and give my permission for an open exchange of information to, by, among, or between, any person, entity, or agency named in this authorization.

#### REVOCATION.

I also understand that I may revoke this Informed Consent at any time, except to the extent that action has been taken in reliance on it and that in any event this authorization expires automatically as indicated with each disclosure item identified above. A photocopy or exact reproduction of this signed authorization shall have the same force and effect as this original.

#### **EXPIRATION**

This authorization shall expire one (1) year from the date the Minor Client and Parent or Legal Guardian signs below.

#### CONSENT.

I understand that my information cannot be disclosed without my written consent, except as otherwise provided by law, and that federal and Idaho law will be followed for using and disclosing my ICANS information.

By signing this form, I am authorizing providers assessing or treating my child/ward to provide my child/ward's information to ICANS. I understand that failure to sign this authorization may limit determine of eligibility, enrollment, or treatment for my child/ward.

I have read this Informed Consent/had this Informed Consent read/explained to me and I acknowledge an understanding of the purpose for the release of information. I am signing this authorization of my own free will.

Relationship to Client	Date
Relationship to Client	Date
Initiating Agency Name	Date
	Relationship to Client