



Insight and Empowerment, LLC
1908 Jennie Lee Drive, Idaho Falls, ID 83404
(208) 932-7048 phone
(208) 970-6188 fax
IE@insightandempowerment.com

Comprehensive Diagnostic Assessment (Minor)

Name: _____ DOB: _____
Email: _____ Phone: _____

Clinician: _____ Date of Assessment: _____

Person providing this information: _____
Relationship to Child: _____

Primary Care Physician: _____
Psychiatrist: _____

Do you give permission for ongoing regular updates to be provided to your primary care physician and/or psychiatrist? Yes No

Please indicate the main reasons for seeking consultation and/or treatment or what are the presenting mental health concerns?

Prior Psychiatrist History/Diagnosis: _____

What are your treatment goals for your child?

Current Symptoms Checklist: (check once for any symptoms present, twice for major symptoms)

- | | | |
|---|--|---|
| <input type="checkbox"/> Depressed Mood | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Excessive Energy |
| <input type="checkbox"/> Increased Irritability | <input type="checkbox"/> Oppositional Behavior | <input type="checkbox"/> Self-Esteem Issues |
| <input type="checkbox"/> Sleep Disturbances | <input type="checkbox"/> Racing Thoughts | <input type="checkbox"/> Crying Spells |

- | | | |
|--|--|--|
| <input type="checkbox"/> Loss of Interest | <input type="checkbox"/> Impulsivity | <input type="checkbox"/> Excessive Worry |
| <input type="checkbox"/> Attention/Concentration | <input type="checkbox"/> Increase Risky Behavior | <input type="checkbox"/> Anxiety Attacks |
| <input type="checkbox"/> Eating Disturbances | <input type="checkbox"/> Distracted Easily | <input type="checkbox"/> Avoidance |
| <input type="checkbox"/> Excessive Guilt/Shame | <input type="checkbox"/> Recent Changes | <input type="checkbox"/> Hallucinations |
| <input type="checkbox"/> Suicidal Thoughts | <input type="checkbox"/> Obsessive/Compulsive | <input type="checkbox"/> Suspiciousness |
| <input type="checkbox"/> Dissociation | <input type="checkbox"/> Temper/Anger Issues | <input type="checkbox"/> Self-Harm |
| <input type="checkbox"/> Chronic Pain | <input type="checkbox"/> Flashbacks | <input type="checkbox"/> Hygiene Concerns |
| <input type="checkbox"/> Aggressive Behavior | <input type="checkbox"/> Attachment Difficulties | <input type="checkbox"/> Regressive Behavior |
| <input type="checkbox"/> Other _____ | | |

Current Family Situation

Place of birth/city/state: _____

Ethnicity: _____ Primary Language: _____

Was your child adopted? _____ Yes _____ No Age at adoption _____

Circumstances of Adoption

Parents at the time of birth were: Married Separated Unmarried

If divorced, at what age was child at time of divorce? _____

Current Relationship Status of Mother: _____

Current Relationship Status of Father: _____

Who does child currently reside with? _____

Is there a custody order in place? _____

Please attach a copy of the most recent child custody order.

What is the custody arrangement? _____

Are there any current custody concerns/conflicts?

Father _____

Deceased, year _____

What is her level of education? _____

Occupation? _____

Please describe child's relationship with his/her father:

Mother _____
 Deceased, year _____
 What is her level of education? _____
 Occupation? _____

Please describe child's relationship with his/her mother:

Please describe the current atmosphere of the marriage/ partnership in the home:

Please check all that apply:

☐ Good, satisfied ☐ Supportive ☐ Warm relationship ☐ Stable
☐ Bored ☐ Poor communication ☐ On the verge of break-up
☐ Abusive (physical, verbal, sexual)

Does the child witness frequent marital/partner conflicts:

Has the child ever witnessed abuse within the marriage?

Number of Siblings: _____

Full sisters _____ Full brothers _____ Half-sisters _____ Half-brothers _____ Step-sisters _____
 Step-brothers _____ Deceased, age(s) at death _____

Please list all people in child's immediate family:

Name	Relationship to child	Age	Living in House?

Please list all other non-family members who live in household:

Name	Relationship to child/ family	Age	Length of time living in household

Does your child attend daycare? No _____ Yes _____ Please explain (where, how often) _____

Are there any other adults who have a significant role in raising your child?

No _____ Yes (please indicate name and relationship) _____

Have there been any significant changes in the home over the last few years? (For example, marriages, births, deaths, money problems, address changes, change religions etc.)

Has your child ever witnessed an immediate family member become incarcerated? (If yes- please Explain- who, when, length of time, offense)

No _____

Yes _____

Are there are any concerns of physical abuse?

No _____ Yes (current) _____ Yes (in the past) _____ Unknown _____

If yes clarify when and by whom:

Are there are any concerns of emotional abuse?

No _____ Yes (current) _____ Yes (in the past) _____ Unknown _____

If yes clarify when and by whom:

Are there are any concerns of sexual abuse/ molestation/ and/ or sexual assault?

No _____ Yes (current) _____ Yes (in the past) _____ Unknown _____

If yes clarify when and by whom:

Are there are any concerns of neglect or the child's needs not being met?

No _____ Yes (current) _____ Yes (in the past) _____ Unknown _____

If yes clarify when and by whom:

Please explain your family's cultural and/or spiritual or religious background/ current practice:

How is your child disciplined in the home?

How does the family express and manage emotions in the home?

What resources and supports do you and your family have?

What strengths does your child demonstrate in the family setting?

What are your child's hobbies, talents, or activities he/she most enjoys?

Family Psychiatric History

Please include any mental health and/or substance use problems with biological relatives. Consider diagnoses such as depression, anxiety, bipolar disorder, schizophrenia, ADHD, alcohol and/or drug abuse, incarceration, or any suicides.

Mother: _____

Mother's relatives: _____

Father: _____

Father's relatives: _____

Siblings: _____

Basic Living Skills History and Functioning

Please indicate your child's habits with the following basic living skills practices:

Daily A few times per week Once per week or less

Bathing _____ _____

Brushing teeth _____ _____

Dress in clean/appropriate clothes _____

Go to bed/wake up at regular times _____

Preparing balanced meals _____

Housekeeping activities _____

Laundry _____

Does your family regularly perform the following safety practices?

Lock door/secure home ____Yes ____No

Turn off the oven/running water, etc. ____Yes ____No

Is your family receiving personal care services, Meals on Wheels, or any other basic living skills provided? ____No ____Yes

Do you consent to allow your clinician to provide your child snacks, intermittently, as needed, to reinforce positive behavior or assist with improving their mood? _____

Does your child have reliable transportation, or do you have access to public transportation, etc? _____Yes

No (please explain) _____

What supports and resources do you have in the community (churches, clubs, extra-curricular activities etc)?

Does your child have a: Social Security card ____Yes ____No

Driver's License ____Yes ____No

Medical History and Functioning:

How would you describe your child's overall health? _____

Medical doctor(s) / Specialists:

Date of Last Physical or Wellness Exam: _____

Mother's age at child's birth: _____ Did mother receive routine pregnancy care?

Yes _____ No _____

Please specify any medications used during mother's pregnancy:

Pregnancy lasted _____ weeks/ months
Child's birth weight _____ pounds _____ ounces

Please check the conditions below that describe the health of the child and mother during

Mother's Pregnancy

No complications _____ Blackouts _____ Falls _____ Physical Injury _____
Excessive Bleeding _____ Hypertension _____ Diabetes _____ Emotional
Stress _____ Depression _____ Anxiety _____ Abuse _____
Toxemia _____ Alcohol/ Drug Use _____ Tobacco Use _____

Delivery

Normal _____ Induced Labor _____ Forceps/ Vacuum Delivery _____
C-Section _____ Breech Birth _____ Unusually long labor _____
Premature (# of weeks) _____ Overdue (# of weeks) _____
Other _____

Child's Condition at Birth

Normal/ No complications _____ Lack of Oxygen _____ Breathing Problems _____
Heart problems _____ Birth injury/ defect _____ Jaundice _____
Newborn ICU (Length of stay) _____

Parent's Postpartum Period

Did mother experience postpartum depression after the birth?

No _____ Yes _____

Did mother experience postpartum anxiety after the birth?

No _____ Yes _____

Did father experience postpartum depression after the birth?

No _____ Yes _____

Did father experience postpartum anxiety after the birth?

No _____ Yes _____

Was there any increased marital tension after the birth?

No _____ Yes _____

Please circle any health conditions that apply for the child presently:

Thyroid problem High blood pressure Headaches Heart problems Sleep problems
High Cholesterol Asthma Trouble eating Stomach problems Seizures
Other (please describe): _____

Has your child had any of the following?

	Yes/No	What	When
Contagious or Infectious Diseases			

Disabilities or Handicaps

Allergies/Food Allergies

Has your child had any of the following?

Yes / No

What

When

Accidents/injuries

Surgeries

Major illnesses

Hospitalizations

Loss of consciousness

Medications- Please list all current prescribed or over the counter drugs / medications

____ No medications

Medication _____	Dosage _____	Doctor _____
Medication _____	Dosage _____	Doctor _____
Medication _____	Dosage _____	Doctor _____
Medication _____	Dosage _____	Doctor _____
Medication _____	Dosage _____	Doctor _____

****Please list additional medications on back of this page**

Can your child self-administer medications? ____ Yes ____ No

Medication Compliance:

____ Regularly taken as prescribed

____ Occasionally miss a dose

____ Miss doses regularly

____ Refuse/forgot to take meds most days

Has your child been treated in the past with psychiatric medications such as antidepressants, mood stabilizers, tranquilizers, sleeping aids, stimulants, or others? ____ Yes ____ No

Have any of your family members had significant illness or medical treatment? If so, please explain:

Substance Use/Abuse

Do you have any concerns of substance use for your child? If yes, what substance and how often are they using?

Nicotine Use/Abuse

Sexual History or Concern

Does your child have any current or past age-inappropriate sexual behaviors? Sexually acting out? Or sexually aggressive behavior? If yes, please explain:

Behavioral Health Treatment History

	Service Provider	When / How often?	Was it helpful? Please explain
Counseling			
In-Patient Psych Center			
Case Management			
Medication Management			
CBRS / PSR			
Addictions Treatment			
Developmental Services			
Occupational Therapy			
Speech Therapy			
Physical Therapy			
Personal Care Services			
Home Health Provider			
Other			

Is there any history of the previous services received by immediate biological family members? If yes, please explain.

Developmental History

For the following developmental milestones please indicate the most appropriate response:

Milestone	Normal Age Range	Delayed but Caught Up	Ongoing/Current Concern
Sitting Up			
Crawling			
Walking			
Speaking first words			
Speaking sentences			
Fully Potty trained			
Stayed dry all night			

During your child's first few years of life, were any of the following significantly present?

Difficult to comfort _____ Colicky _____ Excessive Irritable _____
 Diminished sleep _____ Difficulty nursing _____
 poor eye contact _____ did not respond to their name _____
 fascination with certain objects _____ constantly head banging _____

Prior to age 6 did your child have more difficulty than other children his/her age, (mark if yes):

Sitting still at mealtime _____ paying attention when read to _____
 throwing/catching a ball _____ buttoning or zipping _____ holding crayon or
 pencil _____ accidentally dropping/knocking thing over _____ staying focused on
 tv, movies etc _____ waiting for turn at play _____ knowing left and right
 _____ dressing self _____ tying shoe laces _____

If yes, please describe:

How often are the following a problem for your child:

Getting ready for school:	Rarely ____	Sometimes _____	Frequently _____
Playing by him/herself:	Rarely ____	Sometimes _____	Frequently _____
With a babysitter/ at daycare:	Rarely ____	Sometimes _____	Frequently _____
In the car:	Rarely ____	Sometimes _____	Frequently _____
At school:	Rarely ____	Sometimes _____	Frequently _____
Playing by him/herself:	Rarely ____	Sometimes _____	Frequently _____

How would you describe your child's personality at home? _____

How would you describe your child's personality at school? _____

Are you interested in discussing parenting ideas/techniques as part of your child's therapy process? If yes, please describe areas of concern? _____

Social History and Functioning

How would you describe your child's friendships – please circle all that apply-
No friends Only acquaintances Acquaintances and Friends

Please describe the following about your child in social settings:
Your child's temperament in social situations? (Shy. Outgoing, leader, follower)

How would you describe their behavior and comfort level when in social settings?

What are their talents and/or social strengths?

Do you have any concerns about your child's peer relationships, choice of friends and/or social functioning? If yes, please described: _____

Does your child have appropriate social skills for their age/functioning? If no, please describe:

Has your child ever complained of being bullied or been accused of bullying? If yes, please describe: _____

Has your child identified a sexual orientation: _____

Gender identity: _____

Expressed any confusion/concern over either? _____

Do you have any concerns that your child is experiencing any difficulties with age, gender, sexual orientation, culture, race, or religion?

No ____ Yes

Legal History and Functioning

Does your child have any current or past involvement with the legal system including diversion court, probation, arrest, illegal activity, or incarceration?

☐ No ☐ Yes Please explain

Vocational/Educational History and Functioning

Grade in School: _____ School: _____

Teacher _____

Child's Favorite Subject: _____

Please describe how your child did/does in elementary school:

Academically _____

Behaviorally _____

Socially _____

Please describe how your child did/does in junior high/high school:

Academically _____

Behaviorally _____

Socially _____

Does your child receive any specialized classroom setting or receive special education?

☐ Yes ☐ No

Do they currently or in the past had an Individual Education Plan (IEP) or a 504plan:

Has there ever been any concern expressed by physicians, teachers or other professionals related to your child meeting developmental milestones?

Have there been any behavioral issues or concerns at school/ daycare, if yes, please describe:

Does your child currently have educational goals? ☐ No ☐ Yes

Has your child had any vocational training? ☐ No ☐ Yes

Employment

Is your child currently employed? If yes please describe where and how long-

No _____ Yes _____

Does your child currently have employment goals? ☐ No ☐ Yes

Financial History and Functioning

Are finances adequate to meet the family's needs ____ Yes ____ No – please explain:

Sources of Income: _____

Is there any parental stress of concern, if yes, please indicate:

Housing History

Current Living arrangement:

____ Own home

____ Renting

____ Living with friends/family

____ Other

____ Supported housing-explain _____

Does the current housing situation meet your child's needs in the following areas?

Health and safety ____ Yes ____ No-please explain _____

Access to services ____ Yes ____ No-please explain _____

Is there any history of homelessness/evictions? ____ No ____ Yes-please
explain _____

Is there any risk of homelessness? ____ No ____ Yes-please
explain _____

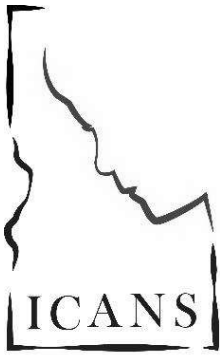
Signatures

Responsible party completing this form: _____

Relationship to Client: _____

Signature: _____

Date: _____



Client Information & FAQs About ICANS

What is ICANS?

ICANS is a secure, electronic, internet-based, system used to administer and manage CANS assessments, WInS Wraparound Plans of Care, WInS Wraparound Crisis & Safety Plans, and WInS Wraparound Transition Plans in Idaho.

Why do I want my child's information available in ICANS?

The Child and Adolescent Needs and Strengths (CANS) is a tool for measuring your child and family's needs and strengths. The CANS is used in Idaho to help determine a child or youth's level of functional impairment and guide treatment planning decisions. In Idaho, the ICANS system uses the information from the CANS Assessment to help clinicians and other providers of children mental health services recommend the appropriate level of care.

To participate in or receive certain state-funded programs, such as the Youth Empowerment Services (YES Program), a child/youth will need to complete a CANS Assessment.

ICANS is the Idaho approved platform to administer and score the CANS, WInS Wraparound Plans of Care, WInS Wraparound Crisis & Safety Plans, and WInS Wraparound Transition Plans. By not allowing your child's information to be available in the ICANS system your child may not be able to access certain state-funded services or programs.

Permitting your child's information to be entered into the ICANS system allows it to be available to authorized providers and staff to make more informed, collaborative decisions regarding your child's mental health services and care.

Why do I need to complete and sign the informed consent?

By completing and signing the informed consent release form, you allow the agency listed to enter your child's information into the ICANS system.

Without the completed and signed informed consent release form, your provider cannot enter your child's information into the ICANS system.

Who may input my child's information into the ICANS system?

The agency that you have named at the top of the informed consent release form has permission to add your child's information to ICANS.

Who will have access to your child's information in ICANS?

Authorized users may have access to your child's information in ICANS.

An authorized user is an individual designated by a provider agency or Idaho Department of Health and Welfare (IDHW) Division of Behavioral Health needing to access ICANS for their job. Examples of potential authorized users may include, but are not limited to:

- IDHW Division of Behavioral Health Children's Mental Health staff.*
- IDHW Division of Family and Community Services (FACS) staff, including Developmental Disabilities and Child Welfare if your child is involved in their programs.*
- IDHW's Division of Medicaid or its contractors who are responsible for the coordination, payment, and quality management of behavioral health services in Idaho.*
- Independent Assessment providers, who are contracted by Medicaid, who will assess children for eligibility for some state-funded children's mental health services.
- Providers who are contracted by the Department of Health and Welfare to administer WInS Wraparound Plans of Care, WInS Wraparound Crisis & Safety Plans, and WInS Wraparound Transition Plans.

All ICANS users must also abide by the ICANS policies and procedures which include Health Insurance Portability and Accountability Act of 1996 ("HIPAA") privacy and security standards. Use of the ICANS system for any other reason is strictly prohibited.

*These entities are considered part of IDHW.

What information may be viewable by ICANS authorized users?

Limited information entered into the ICANS system is viewable to all authorized users.

Only the following information in the ICANS system **may be shared** with all authorized users:

- Last Name
- First Name
- Birth Date
- Social Security Number**
- Gender
- Race
- Ethnicity
- Address
- Identifiers (other numbers such as Medicaid ID number)

**The Social Security Number (SSN) is collected for the purpose of identification of the participants, prevention of duplication of benefits and information. The SSN is a fundamental component for case management and care coordination activities.

The Department of Health and Welfare is authorized to collect and use social security numbers (SSN) to determine Medicaid eligibility, verify information, and prevent duplicative

participation. Providing your SSN may minimize administrative delays associated with the requested service. The Department will not disclose an individual's SSN without the consent of the individual to anyone outside of the Department except as mandated by law. 31 CFR 1.32; 42 CFR §435.910.

The following information in the ICANS system is **not shared** with authorized users, outside of IDHW without a specific signed Release of Information:

- Diagnosis(s)
- Any information related to Substance Use.
- Ratings on any of the CANS items.
- Comments entered into ICANS related to the CANS scoring.
- Recommended Level-of-Care outcomes

How do I share my child's information between my child's treatment providers?

A specific completed and signed Release of Information must be completed in addition to the ICANS informed consent release form so that your child's provider can access records completed by another provider agency.

What information may be viewable by my child's treatment provider?

Your child's treatment provider can access any ICANS records for your child that have been entered by that specific provider and/or agency.

Please Note: A specific signed Release of Information must be completed in addition to the ICANS informed consent release form so that your child's provider can access records completed by another provider agency. The following information is available to your child's provider:

- Last Name
- First Name
- Birth Date
- Social Security Number*
- Gender
- Race
- Ethnicity
- Address
- Identifiers (other numbers such as Medicaid ID number)
- Diagnosis(s)
- Any information related to Substance Use.
- Ratings on any of the CANS items.
- Comments entered into ICANS related to the CANS scoring.
- Recommended Level-of-Care outcomes
- Information entered into ICANS related to WInS Wraparound Plans of Care, WInS Wraparound Crisis & Safety Plans, and WInS Wraparound Transition Plans

This same information may be accessed by IDHW's Divisions of Behavioral Health and Medicaid. If your child is receiving services from other IDHW programs, those programs may also access your child's information. Please see the attached IDHW Notice of Privacy Practices for additional details.

Can I revoke the ICANS informed consent release form?

You may revoke the ICANS informed consent release form at any time. This will prevent any future use of ICANS but does not change any action that has already taken place using the informed consent release form.

After the informed consent release form has been revoked, the informed consent release form is no longer valid from that date forward. Copies or exact reproduction of the completed and signed informed consent release form will have the same force and effect as the original.

How is my child's privacy protected?

Information shared through ICANS is protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"); federal regulations governing confidentiality of alcohol and drug abuse patient records, 42 C.F.R. Part 2; 45 C.F.R. Parts 160 & 164; and the Medicaid Act, 42 C.F.R. Part 431, Subpart F.

The ICANS system and participating providers use a combination of safeguards to protect your child's health information.

- Technical safeguards include encryption, password protections, and audit logs that track every participant's use of the system.
- Administrative safeguards include written policies that require limited access to information through ICANS. All participating providers must agree to follow these policies.
- The ICANS Security Safeguards can be found online at:
<https://publicdocuments.dhw.idaho.gov/WebLink/DocView.aspx?id=3764&dbid=0&repo=PUBLIC-DOCUMENTS>
- The IDHW Privacy Policy can be found online at:
<https://healthandwelfare.idaho.gov/about-dhw/privacy-and-confidentiality>

All participating providers are also regulated by HIPAA, and other federal and state privacy laws. Providers must also have their own policies and other safeguards in place, including policies to train their staff and limit access to those who have a need to know.

Have questions not covered by this flyer or have concerns?

Please speak with your local Idaho Department of Health and Welfare Children's Mental Health office.
healthandwelfare.idaho.gov



IDAHO DEPARTMENT OF
HEALTH & WELFARE



ICANS Informed Consent

I, _____ (*parent's name*), am the parent or legal guardian of

(*minor client's name*) whose date of birth is: _____.

I have received a brochure explaining how ICANS is a secure electronic health system used to administer the ICANS assessment, WInS Wraparound Plan of Care, WInS Wraparound Crisis & Safety Plan, WInS Wraparound Transition Plan, and make the results available to providers who participate in the ICANS system.

I authorize the following Agency _____ (*name of provider/agency/organization*) to release, use, receive, mutually exchange, communicate with and disclose information to the ICANS system, and with Agencies/Authorized Users with access to ICANS.

WHO MAY DISCLOSE INFORMATION. The agency I have named at the top of this form may disclose protected health information to ICANS.

WHAT MAY BE DISCLOSED. By signing this consent, I specifically understand that protected health information or records will be released, used, disclosed, received, mutually exchanged or communicated to, by, among, or between any person, entity, or agency referenced in this authorization. I understand this information may include material protected under federal regulations governing confidentiality of alcohol and drug abuse patient records, 42 C.F.R. Part 2; the Health Insurance Portability and Accountability Act of 1996 (HIPAA), 45 CFR Parts 160, 162 & 164; and Medicaid Regulations for safeguarding information, 42 CFR Part 431, Subpart F. Federal rules restrict any use of the information to criminally investigate or prosecute and to redisclose records relating to any individual receiving alcohol or drug abuse treatment.

PURPOSE AND EFFECT.

I understand this authorization will allow my/my child or ward's treatment team to plan and coordinate services I need and will allow any person, entity, or agency referenced in this authorization to be actively involved in case coordination, evaluation, treatment, planning, or legal proceedings. I hereby request and give permission for an open exchange of information to, by, among, or between, any person, entity, or agency referenced in this authorization. A photocopy or exact reproduction of this signed authorization shall have the same force and effect as this original.

REVOCATION.

I also understand that I may revoke this Informed Consent at any time by submitting a Request to Restrict Access form to ICANSRestrictionRequests@dhw.idaho.gov. I acknowledge that revocation will prevent future disclosure of information in ICANS but will not impact any disclosures that have previously been made in reliance upon the executed Informed Consent Release form.

EXPIRATION.

This authorization shall expire one (1) year from the date the Minor Client and Parent or Legal Guardian signs below.

CONSENT.

I understand that my information cannot be disclosed without my written consent, except as otherwise provided by law, and that federal and Idaho law will be followed for using and disclosing my ICANS information.

By signing this form, I am authorizing providers assessing, treating, or coordinating care for my child/ward to provide my child/ward's information to ICANS. I understand that failure to sign this authorization may limit eligibility, enrollment, or treatment for my child/ward.

I have read this Informed Consent/had this Informed Consent read/explained to me and I acknowledge an understanding of the purpose for the release of information. I am signing this authorization of my own free will.

Full Legal Signature of Minor or Authorized Personal Representative	Relationship to Client	Date
Full Legal Signature of Parent or Legal Guardian – <i>Required if Client is under 14 years of age.</i>	Relationship to Client	Date
Full Legal Signature of Witness (Agency Employee)	Initiating Agency Name	Date